

# PROCRASTINATION

## AT WORK

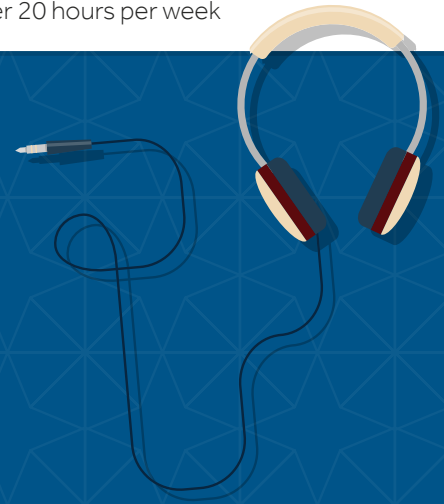


**1 in 5**

1 in 5 workers admit to skiving off work for over 20 hours per week

**37 days**

The average amount of time that workers spend not working is just over 5 hours per week, or 37 days per year.



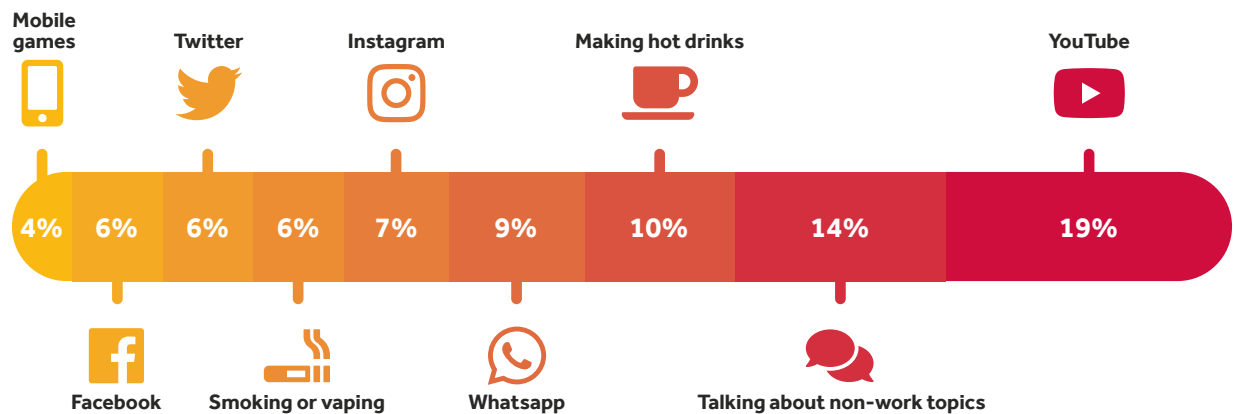
## So how do people procrastinate?

**19%**

19% spend over an hour on YouTube every day when they should be working

### Social vs unsocial:

Most popular ways workers kill over 1 hour each day

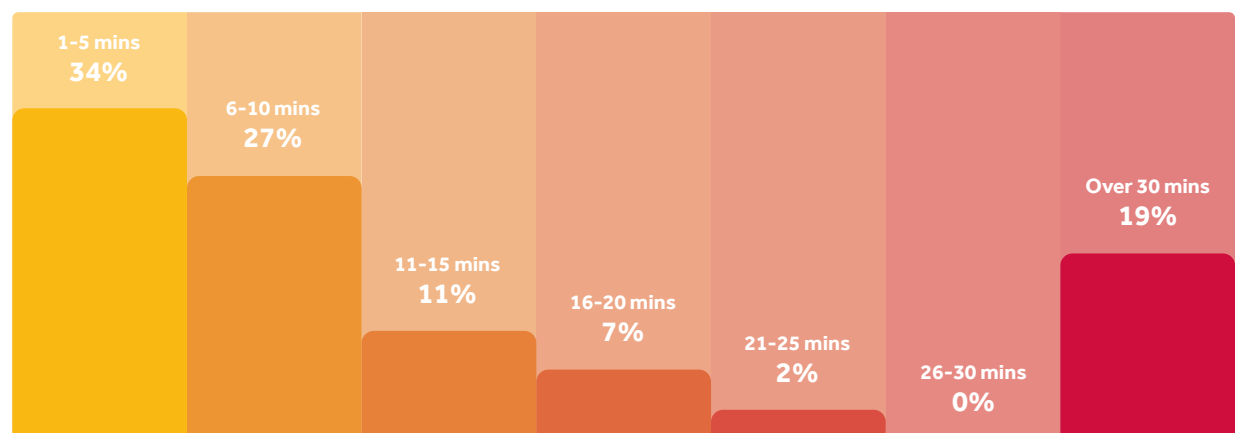


**19%**

19% of people spend over 30 minutes in the company bathroom

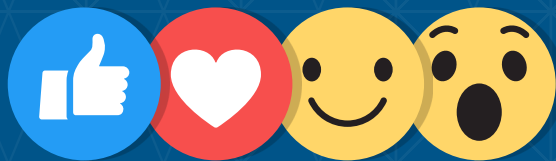
### The tactical toilet break:

How long do workers spend on unnecessary toilet breaks every day?



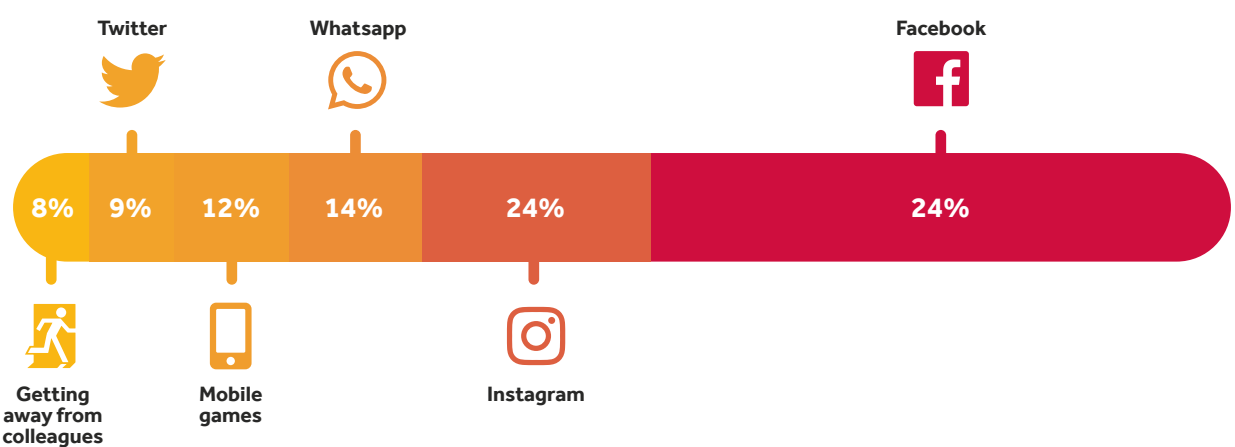
**61%**

61% go on Facebook when taking 'unnecessary' toilet breaks



### Social vs unsocial:

Most popular ways workers kill over 1 hour each day



**Procrastination a problem in your workplace? Call one of our HR experts today for advice on employee engagement:**

[Speak to an Expert](#)